

Methods of Counseling

COUN 5010

Fall 2024

Three Credit Hours

Contact Information

Instructor: Tonya Elliott LMFT PhD

Email Address: telliott@ulm.edu

Office Hours: by appointment

Virtual Zoom Office:

**Virtual office hours are drop-in, meaning that students will be seen in the order they arrive. You may find yourself in the waiting room for a time if I am working with another student. I will admit you into*

Prerequisites

COUN 5010: Methods of Counseling must be taken after or at the same time as COUN 5005: Theories of Counseling

Commitment to Diversity and Accommodations

The Counseling Program at ULM is committed to advancing diversity, equity, and inclusion throughout the curriculum and clinical experience. We invite diversity and foster a culture of inclusion that supports multiple dimensions of culture that includes race, ethnicity, gender identity, sexual orientation, religious affiliation, spirituality, nationality, regionality, disability, and beyond.

Within the Counseling Program, we attempt to foster and maintain a safe environment of respect and inclusion for faculty, staff, students, and members of the communities we serve. We educate our faculty and students to be social justice advocates for marginalized populations and direct our curriculum to reflect the diversity of our communities and elevate awareness.

The Counseling Program is committed to building and retaining a faculty, staff, and student body that reflects these cultural values and respects the dignity of all persons.

The Counseling Program is committed to making reasonable efforts to assist individuals with disabilities in their efforts to avail themselves of services and programs offered by ULM. To this end, ULM will provide reasonable accommodations for persons with documented qualifying disabilities. Students who have a disability and feel they need accommodations in the course must present a letter to the instructor from the Self-Development, Counseling, and Special Accommodations Center at ULM indicating the existence of a disability and the suggested accommodations. Students who need accommodations because of a known or suspected disability should contact the Director for Disabled Student Services at 318-342-5220 or [click here](#) for the Self-guidelines and policies are found [here](#).

Special circumstances. Students who encounter any unforeseen circumstances during the semester that may affect their performance (e.g., physical, or mental illness, family emergency) must let their instructor know within seven (7) days so possible accommodations can be discussed or alternative arrangements made. Please note that accommodations are not retroactive, so it is important to request them in a timely manner.

Course Content, Objective, CACREP Standards, and KPI

Content Areas

This course is designed to enable the student to:

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maintaining counseling relationships across service delivery modalities

Syllabus content and schedule subject to change

Students are free to respond to the discussion prompts using written OR video format. Students can use varied formats for responses each week.

Written posts: In order to foster graduate level discussions, the original written post minimum is set at 250. Responses to discussion posts should be about 50 words. Responses

and complete transcripts with reflection questions designed to evaluate their clinical skills. Full assignment instructions and rubrics will be posted in Canvas.

4. Community Resources/Practicum Preparation Assignment (5 points)

Due Sunday @ midnight CST

As a developing practitioner, it is important to familiarize yourself with local resources. Further, it is essential to begin preparing for your practicum and internship experiences early, to ensure you are not delayed in your educational trajectory. For this assignment, you will fill out the practicum preparation chart found in Canvas with mental health resources in your community. You will then find contacts for at least 4 sites your community that you can speak to about their services and inquire regarding their capacity for a practicum/internship student.

5. Live Class Participation (20 points)

These points are earned through active participation and engagement in our live classes, not attendance alone. You are expected to attend all synchronous classes. Due to the abbreviated nature of our live meetings, one absence from a live class will result in one full letter grade reduction and require the completion of an additional remediation assignment, and more than one absence from a live class will result in a failing grade for this course. Students who arrive to a live class more than 20 minutes late or leave more than 20 minutes early will not receive attendance credit for the class.

Professional Dispositions:

In addition to points-based evaluation, this course will utilize the Counselor Competencies Scale Revised to measure student skill development and professional competencies. Students will receive CCS-R feedback at each transcription assignment. Areas observed to be below expectations on the CCS-R will require in-course remediation by demonstrating skill development through remaining assignments. The instructor may also provide supplemental assignments/resources to address specific areas of concern. If concerns cannot be resolved in the

remediation plan may be required. This meets the CACREP standards 2.C.2.a.b.c. Individual Student Assessment.

Evaluation and Grade Assignment

Grades will be assigned as follows:

- A = 100-90 points
- B = 89 80 points
- C = 79 70 points
- D = 69 60 points
- F = 59-0 points

Assignments Schedule			
Discussions	Thursdays and Sundays @ midnight	Weeks 1,2,3 & 15	5 pts each 20 total
Skills Posts	Saturday & Sundays @ midnight	Weeks 4,7,8 & 11	5 pts each 20 total

Mock Sessions/Supervision	Sundays @ midnight	Weeks 6,9 & 12 + sign up for supervision with Dr. Dobson	35 pts total
Practicum Readiness	Sunday @ Midnight	November 3rd	5 pts
Participation	Live Class Discussions		20 pts total
			100 pts total

Counselor Competencies Scale—Revised (CCS-R)

In addition to points-based evaluation, this course will utilize the

1	August 26 th	Sep 1	Introduction & Course Orientation Helping as Personal Journey	3.E.4,3.E.5, 3.E.8, 3.E.9	Chapter 1
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13	November 18 th – 24 th	Live Class Meeting: Skills Review and Practice	3.E.4, 3.E.8, 3.E.9, 2.C.2.a, 2.C.2.b, 2.C.2.c		Transcript from Mock Session #3
14	November 25 nd Dec 1 st	Fall Break			
15	December 2 nd December 8 th	<i>Wrapping up Finals Week, no new content</i>	3.E.8, 3.E.9		Final Discussion Post #4

